WEEK 3
LESSON GUIDE



BIG IDEA

God gives us boldness.

BIBLE

Ruth Asks Boaz for Help: Ruth 3

ABOUT THIS WEEK

Apart from a cool costume and heroic name, heroes also need the courage to take on whatever challenges they face. This week, we'll learn how Ruth took a big risk to visit Boaz and ask him for help. Ruth's decision to be brave helped save her family, and she helps us see how **God gives us boldness** when we need it.

WHAT? What are we talking about today?

WELCOME TIME

ACTIVITY | Super Freeze Dance

- INSTRUCTIONS: *For this activity, play kids worship music for the group to dance. When you pause it, tell everyone they have to freeze in a hero pose. Have leaders demonstrate a few: hands-on waist, fist punching into the air, or pretend you're flying. Play several rounds as kids jump, dance, and twirl around.*
- Great job, heroes. You are being so bold in all of our challenges today!
- In today's Bible story, Ruth had a big challenge ahead of her. She had a huge thing she had to ask for. Let's find out how Ruth does with the challenge.

SO WHAT? Why does it matter to God and to us?

STORY TIME

SCRIPTURE | Ruth 3 (Ruth Asks Boaz for Help)

- INSTRUCTIONS: *Teach this Scripture passage by reading from a preschool-friendly Bible translation Bible storybook, or using the talking points provided below. Have kids help you make various sound effects as you tell the story.*
- Hello, little heroes! It's another superhero kind of day. Superheroes wear super-suits that help them be bold when they help the citizens of their town or fight bad guys.
    - **If you had a super-suit, what would it look like?**
    - That all sounds awesome. The *Unsung Heroes* from our Bible story didn't have super-suits but were bold because they had God.
    - **Kapow!** That's way better than a super-suit.

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- So Ruth and Naomi had just moved to Bethlehem after losing the rest of their family in Moab. Ruth started to work in the fields to find food for her and Naomi.
    - Boaz, the owner of the field, was kind to her and helped her. But it turned out Boaz could help Ruth and Naomi even more.
    - Hmmm! Put a finger on the side of your head. I wonder how Boaz could help more.
- Naomi told Ruth that Boaz was a family member. That meant if Boaz married Ruth, Naomi could have her land back, and their family could be taken care of forever.
    - Zap!
    - Shocking, right?
- So Naomi gave Ruth special instructions. She told Ruth to visit Boaz one night and tell him about the plan. So that's what Ruth did.
    - Tick, tock.
    - Waiting can be so hard! But Ruth waited for Boaz to wake up so she could deliver this message.
- After Boaz heard what Ruth had to say, he said he would help. He would marry her and take care of her and Naomi.
    - Boom!
    - God helped Ruth be bold enough to ask for Boaz's help. God helped Boaz to be bold and agree to the plan. God gave them both all the boldness they needed.
    -

BIG IDEA | God gives us boldness.

- INSTRUCTIONS: *Introduce the kids to today's Big Idea using the following hand motions:*
    - God *(point up to the sky)*
      gives us *(point to yourself)*
      boldness *(put your hands in fists and on your hips)*

VIDEO | Teaching Video (Week 3)

- INSTRUCTIONS: *Play this week's episode of Cali's World.* (https://vimeo.com/942505469/d96c68a98e) *If you're short on time, show the illustrated Bible story video. (https://vimeo.com/996233496/188bb5b31b)*

ACTIVITY | Roll to Be Bold!

- INSTRUCTIONS: *Use a dice for this activity. Explain that each number will represent an action that they will do. Pick one kid to roll the dice first. Take turns rolling the dice and doing the different actions.*
    - *One: jump*
    - *Two: spin*
    - *Three: sit down*
    - *Four: clap your hands*
    - *Five: lie down*
    - *Six: tip-toe*
- You didn't know what number to get when you rolled the dice, but you rolled and did the right action. Great job being bold!
- Ruth didn't know what Boaz would say when she visited him, but she trusted God. She did what Naomi told her, and it turned out just right. She was bold.
- God helps us do the right thing, too. It can be scary sometimes, but we can be bold because God gives us boldness.

PRAYER

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- God, thank you for giving us boldness. Please help us to follow you and listen to your words. We want to be bold for you! Amen.

PLAY TIME

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