



WEEK 3

PRESCHOOL LESSON GUIDE



BIG IDEA

I am confident because
God leads me.

THE BIBLE

Your Word is a Lamp for My Feet: Psalm 119:101-105

WELCOME TIME

Heroes meet in the Youth Room for worship.

ACTIVITY | Following the Leader

- **INSTRUCTIONS:** Choose one kid to be the "leader." The leader will choose an action and the rest of the kids will follow. Then, call out another kid's name and tell them to be the leader. Give everyone a chance to be the leader!
- That was fun taking turns being the leader today. The best leader we have is God and we should always follow what God tells us to do. We can be confident when God is our leader!

TEACHING TIME

THE BIG IDEA | I am confident because God leads me.

- **INSTRUCTIONS:** Use the motions to help the kids remember the Big Idea.
- **I am** [Point to yourself.]
- **confident** [Fly like a superhero.]
- **because God** [Point up to the sky.]
- **leads me** [Point to yourself.]

VIDEO | Sing, Episode 3

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).



SCRIPTURE | Psalm 119:101-105

- **INSTRUCTIONS:** Look up the story in your Bible and read it to the kids. Hold up a light source for this segment, such as a flashlight, lantern, cell phone light, or glow stick.
- Light is very important! It helps us to see! A lamp is a type of light that helps us see in the dark. That way, we don't bump into anything and hurt ourselves.
- Light helps us see everything around us. When we can see things clearly, we know which way to go. God's words to us, like those right here in the Bible, are like light for our lives. When we obey God's words, they help to keep us safe.
- When we need to know what to do and what not to do, God's words help us figure it out. When we need to make choices or are trying to figure out how to live life, God's words help us.

ACTIVITY | What Is This?

- We are going to have a volunteer come up and try to guess what is in my bag!
- **INSTRUCTIONS:** Place random objects into different paper bags. Ask for volunteers to come up and guess what's in each bag without looking in the bag. Try to choose items that kids might not be able to guess right away.
- Sometimes, it's hard to know what something is when we can't see it! God's Word is a light that helps us see God.
- I am confident because God leads me!

PRAYER

- Thank You, God, for leading me and lighting my path. I can be confident and sure of where I'm going when I'm following You!

DISCUSSION TIME

ACTIVITY | Glow in the Dark

- **INSTRUCTIONS:** Using [glow bracelets](#), show the kids what happens to the glow stick when you bend it. Put a few glow sticks together and make a glow-in-the-dark necklace or bracelet. Encourage the kids to pick out a few colors and help them make their own glow-in-the-dark necklace or bracelet.
- These can help each of us remember that God lights our path every day!

MEMORY VERSE | Rap Battle

- **INSTRUCTIONS:** Since this series is called, "Sing!" try different ways to sing the memory verse. This week, rap the memory verse for the kids and have them try it, too. It doesn't have to be super fast! You can play a fun track like [this one](#) in the background.

PLAY TIME

While you're waiting for parents to pick up their kids . . .



ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Give each kid a coloring page along with crayons, markers, or colored pencils. Remind them of today's story, memory verse, and Big Idea as they color!

Encourage your preschoolers to help clean up the room while they wait for their parents.