



WEEK 2

ELEMENTARY LESSON GUIDE



BIG IDEA

I am safe because God watches over me.

THE BIBLE

The Lord is My Shepherd: Psalm 23;
(Philippians 4:6-7, 19)

LARGE GROUP TIME

Champions meet in the Youth Room for worship.

WHAT? *What are we talking about today?*

ACTIVITY | Telephone Charades

- **INSTRUCTIONS:** Ask for about five volunteers to stand in a line all facing the same direction (so the audience sees their profiles). Tap the last person in line on the shoulder, and show the phrase they need to act out to them and the audience only. You can write it on a piece of paper or a small dry erase board. Then have that person tap the next person in line. The first person acts out the clue. The second person then taps the third person in line, and copies what was acted out to them by person 1. This continues and the last person has to try to guess what the original clue was. This game works best with actions like riding a bike, ice skating, sweeping the floor, doing the dishes, playing the saxophone, etc.
- Did you notice that even though our friends were trying very hard to follow exactly what they saw, the actions kept changing? Following is actually not an easy thing to do!

QUESTION | What Keeps Us Safe?

- What are some things that keep us safe?
- Do these things **ALWAYS** keep us safe?



THE BIG IDEA | I am safe because God watches over me.

- **INSTRUCTIONS:** Write the Big Idea in a somewhat small font somewhere in the front of the room so it can't be easily read from where the kids are sitting. Then, give a kid volunteer a pair of binoculars to see if they can find the Big Idea and read it aloud for the group.
- This week's Big Idea: **I am safe because God watches over me.**

SO WHAT? Why does it matter to God and to us?

VIDEO | Sing, Episode 2

- **INSTRUCTIONS:** Play this week's [teaching video](#).

SCRIPTURE | Psalm 23

- **INSTRUCTIONS:** Look up the passage in your Bible and encourage the kids to do the same. Read it!
- **Does anyone remember who King David is? Does anyone remember what his job was before he became king?**
- That's right, David used to be a shepherd. So he knows what he's talking about when he describes how a shepherd takes care of their sheep in this psalm.
- The shepherd makes sure the sheep have food and water. The shepherd makes sure the sheep stay on the right paths. The shepherd protects the sheep from harm.
- God loves us and takes care of us the same way a shepherd loves and takes care of sheep. Sheep don't always know how to take care of themselves, so they always need a shepherd looking out for them. We are all a lot like sheep because we need help sometimes, too. Good thing we have a great shepherd like God to take care of us!

VIDEO | Being a Sheep

- **INSTRUCTIONS:** Watch [this video](#), ([On Psalm 23 ... and being a sheep](#)) "On Psalm 23. . . and Being a Sheep," a creative poem based on Psalm 23.

STORY | What God Has Done for Me

- **INSTRUCTIONS:** Share a time when God helped you. Emphasize how you knew God was watching over you in this story.
- **Can you think of a time when God helped you?**

SCRIPTURE | Philippians 4:6-7, 19

- **INSTRUCTIONS:** Look up the verse and read it!
- God cares about the things we are worried about. But instead of worrying, we can feel safe and secure because God watches over us!
- Whenever we have a problem, God can help us solve them! Whenever we need something, we can trust God to help us out.



- Sometimes, God's help doesn't look exactly as we'd expect, but we can always trust God will take care of us.
- I am safe because God watches over me!

NOW WHAT? What does God want us to do about it?

ACTIVITY | Collecting Sheep

- **INSTRUCTIONS:** For this activity, spread out a bunch of cotton balls on the floor. Ask for two volunteers, and give each of them small bucket and a pair of chopsticks. Their job is to collect as many cotton ball "sheep" into their buckets as they can. Whoever has the most in their bucket wins!

REFLECTION | People Who Watch Over Me

- Think about the people God has put in your life to take care of you. **Who are they? And how do they take care of you?**

PRAYER

- Dear God, Thank you for being our shepherd and giving us everything we need. Help us to turn to you when we aren't feeling so great in our hearts, like when we are worried or scared or stressed or angry. We know we are safe because you watch over us.

MEMORY VERSE | At the Opera

- **INSTRUCTIONS:** Since this series is called, "Sing!" try different ways to sing the memory verse. This week, encourage the kids to sing the memory verse like an opera singer. You can use the same melody you made last week or a new one!

SMALL GROUP TIME

DISCUSSION

- What is a shepherd?
- What are some ways a shepherd takes care of the sheep?
- How is God like a shepherd to each of us?
- Read Psalm 23:6. What do you think it means that goodness and mercy will always follow you?
- When are some times when you might not feel safe?
- Sometimes, God can help us with the help of other people. What are some ways you can be helpful to others?
- Which part of Psalm 23 do you like best?

ACTIVITY | Jar O' Promises

- One thing that can help us remember God will always take care of us is knowing the many promises God has made to us!



- **INSTRUCTIONS:** Give each kid a copy of the printable and a mason jar. Have the kids cut out each promise, then ask each kid to look up one of the verses and read it aloud to the group, or you can read it for them. Have them put all their promises into their mason jar.
- Which of these promises do you need most today? When are some times you might need to remember these promises?

MEMORY VERSE | Psalm 95:1 (NIV)