



WEEK 1

PRESCHOOL LESSON GUIDE

REVEALED

BIG IDEA

God can help me grow.

THE BIBLE

The Sower and the Seed: Matthew 13:1-23

WELCOME TIME

Heroes meet in the Youth Room for worship.

ACTIVITY | A Second Look

- **INSTRUCTIONS:** Pass around a plastic jar or [bottle](#) full of rice with small, hidden objects inside of it. Let each child search and find one of the objects, and when they find it, make sure they remember it. The next person has to find a different object.
- **So, was it easy to find the hidden objects in the rice or was it super hard?** It's okay if you don't find something right away or even if you don't find something new! Some of the items are really small and can be tricky to see and sometimes, different people turn the jar just right to reveal new objects.

TEACHING TIME

THE BIG IDEA | God can help me grow.

- **INSTRUCTIONS:** Ask the kids to curl up into a ball on the floor or sit on their knees. Pick two kids to walk around with an empty watering can and one to walk around with a cutout of the sun. Instruct the volunteers to "water" and "shine" the sun on their plants. As the kids get watered, have them slowly grow until they are standing.
- **When we are born, we are itty bitty people, but over time, we grow into big people! We can also grow our love for God. The Big Idea this week is: God can help me grow!**

VIDEO | Revealed, Episode 1



REVEALED | WEEK 1 PRESCHOOL LESSON

- **INSTRUCTIONS:** Show this week's preschool [teaching video](#)!

BIBLE STORY | Matthew 13:1-23

- **INSTRUCTIONS:** Look up Matthew 13:1-23 and read it to your preschoolers. You can use the following image by clicking [here](#).
- **What happened to seeds that fell on the path?** They were eaten by the birds.
- **What happened to seeds that fell among rocks?** They died quickly because there were no roots.
- **What happened to the seeds that fell among thorns?** The plant got choked by the thorns.
- **What happened to the seeds that fell in the good soil?** They grew and grew!
- **God is our good soil. God will help me grow.**

ACTIVITY | Seed Relay

- In our Bible story today, we heard about how healthy plants grow from good soil and how plants in bad soil will not grow. Let's see how many seeds we can get into the good soil bucket. Be sure not to drop any on the path!
- **INSTRUCTIONS:** Split your preschoolers into two groups. Give each team a small bucket full of "seeds" (any kind of large bean will work). Put two buckets with "GOOD SOIL" written on it at the other end of the room. Each child needs to get a spoonful of "seeds" and take it as quickly as they can to their soil bucket on the other side. When they return back to their team, the next teammate goes. The teams will see who can fill their bucket with the most seeds in the time you select (thirty seconds, one minute, two minutes, etc.).

PRAYER

- Let's spend some time talking with God by praying.
- Dear God, thank You so much for helping us grow from itty bitty babies to big kids! You help us grow in our bodies, our minds, and in our hearts. Help us grow closer to You every day. Amen!

DISCUSSION TIME

ACTIVITY | Circle Time

- **INSTRUCTIONS:** Ask the kids to join you on the floor. Pass around the jar with hidden objects from before. This time, instead of looking alone, let the kids look in pairs.
- When more than one person looks at a time, we are able to find even more hidden objects.
- **What kinds of things help seeds grow into beautiful plants or flowers?** (Good soil, water, sunlight.)
- **What kinds of things help us grow closer to God?** (The Bible, learning at church, talking to God when we pray.)
- **What are some ways we can grow this week?** (Memorizing our new Bible verse!)



REVEALED | WEEK 1 PRESCHOOL LESSON

- **How can we help others grow?** (*We can share Jesus with them!*)
- God doesn't want us to grow all on our own. God wants to help us grow!

MEMORY VERSE | Jeremiah 33:3

- **INSTRUCTIONS:** *Ask the kids to crouch down low and then say the verse as they stand up and reach their arms to the sky as if they are a plant growing up.*

PLAY TIME

While you're waiting for parents to pick up their kids . . .

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *Give every kid a coloring page, plus markers or crayons. As they color, remind them the different ways God helps them grow.*

Encourage your preschoolers to help clean up the room while they wait for their parents.